



GTUSBCA Senior Tournament

The 2009 Gr. Toledo USBC Association Senior Handicap Championship Tournament was held at Eastern Lanes in Northwood with a total of 106 entries; 72 men and 34 women. Champions were crowned in five age classes in both the Open and Women Only divisions.

The total entry of 106 broken down by number of entries in each division are as follows:

Class	Female	Male
AA	12	11
A	6	18
B	10	18
C	2	16
D	4	9

Squad sponsors were Jo Cooke, Sr. Young Seniors League from Bowlero, who fielded 45 bowlers and Pat Tomase/Marion Rice from Toledo Sports Center with 17 bowlers.

Unofficial standings as of November 9th are as follows: Women's Division AA—Nancy Paulsen 803; Division A—Cathy McCullough 727; Division B—Nan Wooley 784; Division C—Sandra Osby 704 and Division D—Sharon Daughert 779.

Unofficial scores for the Open Division are: Division AA—Willie Washington 743; Division A—McDavid McCorvey 747; Division B—H. Kip Smith 773; Division C—Robert Osby 776; and

Division D—Tom DeSimpelaere 832.

All winners information will be verified and prize checks will be mailed by December 1, 2009.



Feeling Lucky?



“Lottery-on-the-Lottery tickets are now being sold by the Gr. Toledo USBC board of directors. Proceeds of this association fund raiser will be used to subsidize the Scholarship Program for Toledo youth bowlers.

A \$50 winner will be determined each night of February by the evening Ohio Lottery number, except on Wednesday's when the winner will receive \$100.

Trust your luck and support our youth bowlers by

purchasing tickets when you are asked. Tickets can also be purchased at the GTUSBCA office.

Just call the office (419-537-0523) and we will send a representative to cover your league in support of this outstanding program.

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Special points of interest:

- *GTUSBCA Senior Handicap Tournament*
- *“Lottery-on-the-Lottery”*
- *Kids for Kids Tournament*

Kids for Kids Tournament

Toledo Area Youth Bowlers will again be participating in the annual Kids for Kids Bowling Tournament at Twin Oaks Lanes on November 21-22 and 29. This charity benefit is one of the unsung events occurring in our area which includes the donation of a new toy as part of the entry fee, with all toys being donated to a designated distribution center selected by the GTUSBCA. Bowlers have always been generous people and the kids are no exception. A good part of the lessons taught through the youth program is not only bowling skills but good sportsmanship as well.

The tournament is based on four average divisions so that bowlers are competing with those who have like averages. Handicap is 100% of the difference be-

tween the bowlers average and 220. Bowlers may participate more than once if lanes are available, but not more than once a squad. Awards will be based on a ration of one award per eight bowlers per division. The highest score in each division will be announced as the winner.

If you have a few minutes, why not stop in and enjoy watching some of the premier Toledo area youth bowlers in action? Entry forms are available from the GTUSBCA office at 5062 Dorr Street or on the website at www.toledobowling.com.



Calling all Senior Ladies

Forty-six Toledo area 55 years and older lady bowlers traveled to Columbus the weekend of October 24 & 25 to compete in the Ohio USBC WBA Senior Tournament. Toledo fielded the largest squad of the tournament.

A total of 713 Seniors from all over the state competed in the 2009 Championship being held at the Columbus Bowling Palace over two weekends. The ladies competed in five separate age

classes, bowling six games plus handicap for their total score. Champions were named in five separate age classes with the winners not only receiving prize monies but also a paid entry into the USBC National Senior Tournament to be held in Reno, Nevada.

Toledo bowlers cashing in the various divisions were: Div. 1—Ruth Petee 1251; Greta Hollabaugh 1210; Mary Vargyas

1153. Div-2—Yvonne Parker 1204; Liz Vaculik 1200; Susan Smith 1155. Div-3 Nanette Wooley 1173; Bea Staples 1170.

Joyce Kerr, the squad organizer was recognized for her efforts in putting the squad together.

Div-4—Debbie Wingert 1228; Gail Hood 1200. Div 5—Deb Paben 1236; Gayle Vasco 1225; Krystal Shubarga 1213 and Regina Hines 1170.

NICE SHOOTING LADIES!

USBC Member Benefits

With the expansion of USBC's new Member Benefits Program in the 2009-2010 season, in addition to the obvious merits, a member can benefit from so many money savings programs simply by signing up at Bowl.com.

USBC has formed partnerships with several hotels/motels to provide members the opportunity for special discounts. Some of those participating are Wynd-

ham, Ramada, Days Inn, Super 8 and Baymont Inn and Suites.

Everyone has a cell phone these days and members can strike back against their cell phone bill by signing up with T-Mobile. USBC members receive a 12% discount on monthly charges and special deals on new equipment. Deals have been forged toward help with real estate issues through Coldwell Banker, as well

as medical insurance programs including senior, vision and dental plans.

There is something available for everyone in this program. Jack Mordini, USBC Vice President says, "Being part of USBC gives our members special access to money saving deals from top companies."

Ohio Bowling Hall of Fame Inducts Three

The Ohio Bowling Hall of Fame was originated to perpetuate all of our outstanding state bowling performers, whether it be in the field of bowling skill or administrative excellence. On October 7th three of Ohio finest were inducted into the Hall, bringing the total now having been inducted to 158.

Terry Saconne of Greater Cincinnati was inducted in the Superior Performance category. He has participated in 35 USBC Championships, having been named champion twice: once in Team in 1982 and again in Doubles in 1993 with partner Dave Callery. His USBC tournament average is 199. His collection of titles also includes 10 championships in the Cincinnati Bowling Association City. He was inducted into the Gr. Cincinnati Hall of Fame in 1995.

Jerrilyn “Jeri” Edwards, Akron was the second recognized as a Superior Performer. Jeri has dedicated more than 29

years to the sport of bowling, beginning with her prep years where she led her high school team to the 1980 Illinois State Championship and was the individual high school bowling champ.

Jeri served as Team USA National Assistant Coach for eight years and was named Head Coach in 2004. She is a Gold Certified USA Junior Olympic Bowling Coach Level One. Jeri served as Co-tournament director for the ABC Masters and the PBA Bayer/Brunswick Touring Players Championship for three years. She was inducted into the Summit County Hall of Fame in 2006.

Garrett Swartz, Mansfield began his career in the bowling community by being elected to the Mansfield board as a director in 1969. The following year he moved to Secretary and served in that capacity until 1997 when he resigned became Ohio State Bowling Association Executive Director.

During Garrett’s thirty plus years on the Ohio State Bowling Association Board he worked hard to maintain high standards, His efforts did much to instill the obscenity and dress codes being enforced today.

He was a member of the Ohio Bowling Council serving as Council Vice President and President.

In 2007 he was a member of the inaugural Mansfield Hall of Fame for Meritorious Service.

Greater Toledo USBC members previously inducted into the Ohio Bowling Hall of Fame are: John Powell Jr—1992; Dean Moosman 1992; Ruth Heath-Trott 1995; Carmen Walton 1996; Susan Pinski 2003 and Steve Jakubowski 2008.



Bill Close Memorial Adult/Youth Tournament

What other sport can boast that a grandfather can participate alongside his grandson in a competition? That is the beauty of the sport of bowling. Starting December 13 through the 20th the Gr. Toledo USBC Bowling Association will be holding an Adult/Youth event at Rossford Lanes where this very things will happen. The tournament will have 8 divisions based on team averages and the youth bowlers age and gender.

This yearly event is one our Toledo youth bowlers look forward to each year and their parents and grandparents get the opportunity to not only watch, but participate alongside their kids. Another great aspect of the tournament is that each adult may bowl with up to 3 youth bowlers. Bowlers will bowl 3 games using their highest 2008/2009 averages and handicap is 100% of the difference between the team entering average and 440.

Entry forms are at the lanes and available on our website www.toledobowling.com or at the Gr. Toledo USBC Bowling Office at 5062 Dorr Street, Toledo, Oh.

Any questions call the office at 419-537-0523 or e-mail to gtba@accesstoledo.com.





GR. TOLEDO USBC ASSOCIATION

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Bowling news is our news!

We're on the web
www.toledobowling.com

The Greater Toledo USBC Association was created on April 1, 2006 as the result of the merger between the Wauseon Women's Bowling Association, the Toledo Women's Bowling Association, the Greater Toledo Youth Bowlers Alliance and the Greater Toledo ABC Bowling Association. Approximately 11,000 members are currently serviced by the elected officers and directors and other volunteers who assist in this task.

The Youth Committee consists of 12 elected volunteers who have all been approved by the USBC Registered Volunteer program which is designed to safeguard youth members.

Entry-level Conditioning Tips

By Nick Bohman, USBC Exercise and Strength Conditioning Specialist

The phrase "no pain, no gain" should not apply to bowling. If you find yourself getting noticeably sore after bowling it means your body was never ready to bowl in the first place. Four simple stretching exercises should help your cause. Here's what I suggest:

Wrist/forearm stretch—Point your fingers upward, and gently apply backward pressure with the opposite hand.

Toe Touches—Stand with your feet together, bend from the waist and reach down toward your toes. Hold this position steady, do not bounce downward.

Arm across—Stretch your arm horizontally across your body toward the opposite shoulder. Use the other hand to gently apply pressure and increase the stretch.

Arm over—Extend your arm toward the sky, then bend it so that your hand rests on or close to the opposite shoulder. This should leave you with your stretching-arm elbow pointed upward. From this position, gently apply pressure using your opposite hand.

These simple stretches will warm up your bowling muscles, which should help alleviate most of not all post bowling soreness.